



EDUARDO HUERTAS, M.D.

Neurological Surgeon, Spine & Pediatric Neurosurgeon
Brain & Spine Specialist

Member of

American Association of Neurological Surgeons (AANS)
Congress of Neurological Surgeons (CNS)
Minimally Invasive Spine Society (SMISS)
North American Spine Society (NASS)



Dr. Eduardo Huertas is a highly respected and experienced neurosurgeon who specializes in minimally invasive brain and spine surgery.

He is known for his meticulous surgical technique and by his compassionate and gentle bedside manners. He regularly uses image-guided pioneering techniques and neurophysiological monitoring as well as computer-generated simulations to design and choose specific routes for safe anatomical approach individualized to each patient.

He is often called to help other surgeons with difficult cases, always exercising rigorous surgical technique, aiming to achieve the best possible outcome.

It is often referring physician for other colleagues who seek care for their own families or themselves. It has an excellent safety record and has performed thousands of successful neurosurgical procedures.

Dr. Huertas was born and grew up in Costa Rica. However, from an early age, he was a frequent traveler, and completed high school as an AFS exchange student in Needham, Massachusetts (USA). He returned to Costa Rica to study and graduated Summa Cum Laude from Med School at the Autonomous University of Central America (currently UCIMED).

Trained in General Surgery and Pediatric Surgery, completed a six years of residency program in neurosurgery at the University of Costa Rica and its affiliated hospitals.

Immediately after finishing his residency, he completed a Fellowship in Pediatric Neurosurgery with the prestigious Neurosurgeons for Children at Children's Hospital of Dallas, Texas (USA), which has been named several times one of the best pediatric hospitals in the United States, from where he also graduated with honors.

Back to Costa Rica, he joined the Department of Neurosurgery at Nationwide Children's Hospital, who left after five successful years to organize and shape the Department of Neurosurgery at Hospital CIMA San José. Later, he decided to expand the scope his practice and completed a Fellowship in Spinal Surgery under the instruction of Dr. William Muir and Dr. Reed Fogg in the Intermountain Spine Institute in Salt Lake City, Utah (USA)

Dr. Huertas was clinical professor at the University of Costa Rica, and Neurological Surgeon at the Children's National Hospital in San José between 1996 and 2000.

He is currently Professor of Neurosurgery at the University of Medical Sciences (UCIMED) and from 1996 to the present has a successful private practice at CIMA San José Hospital in Costa Rica.

Due to his excellence and skills as a speaker, he is frequent guest speaker for general and specialized meetings.

In 2000, he became head of the Department of Neurosurgery, and later director of the Director of the Department of Surgery at CIMA San José Hospital of Costa Rica, which he left in 2008 to direct his time and work on his private practice.

Dr. Huertas has focused his efforts on better developing a multidisciplinary group for the care of Brain and Spine conditions, now known as CENTRO NEURO ESPINAL, which include Pediatric and Adult Neuro Anesthesiologists, Physical Therapists, Nutritionists, General Practitioners, Vascular Neurosurgeon and other specialist.



From 2000 Director of Centro Neuro Espinal
CIMA San José Hospital
San José, Costa Rica

2007 - 2008 Director of the Section of Surgery
CIMA San José Hospital
San José, Costa Rica

2000 - 2007 Founder & Head of the Department
of Neurosurgery
CIMA San José, Hospital
San José, Costa Rica



2001 - 2002 Fellow in Spine Surgery
Intermountain Spine Institute
Salt Lake City, Utah. USA

1996 - 2000 Pediatric Neurosurgeon
Neurosurgery Department
Children's National Hospital
San José, Costa Rica

1994 - 1996 Pediatric Neurosurgery Fellow
Neurosurgeons for Children
Children's Medical Center
Dallas, Texas. USA



1987 - 1993 Neurosurgery Residency
San José, Costa Rica

1981 - 1986 Medical Doctor
Universidad Autónoma de Centro América
San José, Costa Rica

1980 - 1981 High School
Needham, Massachusetts (USA)
AFS Exchange Student

Due to his excellence and skills, He is frequent guest speaker on numerous courses and congresses, and is currently teaching courses and seminars as professor of neurosurgery at UCIMED.

Although brain and spine surgery are his passions, Dr. Huertas has many other interests.

He is an avid promoter of healthy lifestyles, co-founded and directs WELLNESS GROUP OF COSTA RICA, which owns and operates several companies oriented to health and wellness, including the largest fitness center in Costa Rica, as well as a MedSpa, and healthy food service.

Currently he is developing and launching an organic farm into production, under a scheme of self sustainability as part of his other activities and interests related to health and wellness, besides Neurological Surgery.

A regular kayaker, environmentalist and animal rights defender, he was a member of Costa Rica's Karate National Team for 5 consecutive years, winning five national titles, three Central American and Caribbean Championships, plus a silver medal at the Pan American Championships, while attending medical school, from which he graduated with honors.